



**HUDSON**  
DERMATOLOGY & LASER SURGERY

### **BOTOX POST CARE INSTRUCTIONS**

\*After treatment there may be a possibility of bruising- that is normal  
- apply ice pack to area for a few minutes during the day and  
repeat the following day if necessary

\*Do not lay down, exercise or do any strenuous activities for 2 hours  
following your treatment

\*Takes 7-14 days before results are seen, maximum results at 14  
days

Please call the office or email us if the symptom lasts longer than 3  
days

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